



*Learn and Live* SM



**2009 Start!**

# Central MA Heart Walk

## May 2nd 2009

**Cristoforo Columbus Park  
(East Park, Shrewsbury St.)  
Worcester, MA**

**8:30 am Walk Starts at 10:00 am**

This is a great family event that includes:

- Free breakfast courtesy of Hannaford Supermarkets
- Exciting children's activities such as obstacle courses, fun games, and bouncy houses!!
- Free lunch courtesy of Subway
- Great information and activities to keep you and your family healthy!
- Complimentary Red Baseball cap for all survivors of heart disease or stroke

**Free to participate... Come Join US!**

On-line info at:

<http://heartwalk.kintera.org/faf/home/default.asp?ievent=283235>

For more information, please contact one of our Start! Heart Walk staff partners at 508.935.3932 or via email at

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